



Vaughan Community Health Centre
Member of Vaughan Health Campus of Care

DIABETES EDUCATION PROGRAM

*Invites you to attend **FREE**
educational sessions
For adults with Type 2 Diabetes*



Session dates

Sept 22 , 29, Oct 6, 13- 1.30-4pm

Learn to self-manage your
diabetes with:

Registered Nurse,
Registered Dietitian,
Guest Speakers

****Individual Counseling also
available**

Snacks offered

**To register call :
Natalie
(905) 303-8490 or
905- 508-9403**

Location:

Rexall Health Centre, 9625 Yonge Street , Richmond Hill, ON L4C 5T2